

19 TUESDAY

SOUPSIDE

Minestrone Soup

20 W E D N E S D A Y

21 THURSDAY

SOUPSIDE

22 FRIDAY

SOUPSIDE

Chicken Florentine Soup

SOUPSIDE

Italian Wedding Soup

Baked Potato Soup

SOUPSIDE

Chicken Corn Chowder

CLASSIC

KITCHEN LS, MS, US

Spaghetti with Marinara

Meatballs

Vegetarian Meatballs

Roasted Green Beans

Baked Chicken **Breast**

CLASSIC KITCHEN

LS, MS, US

Sausage and Cheese Frittata

> Vegetable Frittata

Oven Roasted **Garlic Potatoes**

Sauteed Spinach

Baked Chicken **Breast**

CLASSIC

KITCHEN

LS, MS, US

Slow Roasted Salmon with Fennel and Citrus

Broccoli and Mushroom Stir Fry

Parslied Rice

Roasted Broccoli

Baked Chicken **Breast**

CLASSIC

KITCHEN

LS, MS, US

Chicken **Tenders**

Plant Based Chicken Tenders

Macaroni and Cheese

Cumin Roasted Carrots

Baked Chicken **Breast**

DOHLIO PIZZA POP

IN!

CLASSIC

KITCHEN

LS, MS, US

Cheese Pizza

Pepperoni Pizza

Crispy Chicken **Buffalo Pizza**

Margharita Pizza

Gluten Free Cheese Pizza

Garlic Knots and Marinara

Caesar Salad

Baked Chicken **Breast**

GREENS

Cobb Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

GREENS

Grilled Portobello & Kale Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

GREENS

BLT Chopped Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

GREENS

Moroccan Carrot Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

GREENS

Spinach Strawberry Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

BLT

Chicken Caesar Wrap

THE LOCAL DELI

Turkey Chipotle Croissant Roast Beef and Cheddar Sub THE LOCAL

DELI

Crispy Chicken Buffalo Wrap Hot Ham and Cheese on a Pretzel Roll

THE LOCAL

DELI

Corned Beef Rye Turkey Ham and Cheese Wrap

THE LOCAL

DELI

Turkey & Cheese Hoagie Turkey and Cheddar Wrap

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Apple Crisp

Made To order Sandwiches, Italian Butter and Jelly Always Available

SWEET SHOP

Winter Fruit Salad

Made To order Sandwiches, Italian Sub, Made To order Sandwiches, Italian Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Bagel and cream cheese and Sun Butter Sub, Bagel and cream cheese and Sub, Bagel and cream cheese and Sun and Jelly Always Available

SWEET SHOP

Strawberry Pretzel Salad

Available SWEET SHOP

Fresh Honeydew

Sun Butter and Jelly Always

Butter and Jelly Always Available

SWEET SHOP

Vanilla Ice Cream or Bomb Pop Jr.

SOUPSIDE

Homemade Chicken Noodle Soup

SUB DAY!

CLASSIC KITCHEN

LS, MS, US

Italian Sub
Turkey and Cheese Sub
Roasted Veggie and Hummus
Sub
French Fries
Coleslaw—MS and US
Carrots and Ranch-LS

Lemon Pepper Baked Chicken

GREENS

Thai Noodle Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Baked Pit Ham and Provolone on Brioche Chicken Salad on a Pretzel Roll

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Green Grapes

3 TUESDAY

SOUPSIDE

Broccoli Cheese Soup

Corporate Dietician Visit!

CLASSIC KITCHEN LS,MS,US

Chicken Tikka Kebobs with Masala Sauce Moroccan Vegetable Kebobs Lemon Rice Curry Roasted Broccoli

Lemon Pepper Baked Chicken

GREENS

Caprese Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL

Avocado BLT Turkey and Swiss on a Brioche Bun

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Pumpkin Bread

4 WEDNESDAY

SOUPSIDE

Spicy Thai Chicken Soup

National Cookie Day!

CLASSIC KITCHEN LS,MS,US

Beef Lasagna Vegetable Lasagna Green Beans Garlic Bread

Lemon Pepper Baked Chicken

GREENS

Cap Cod Chopped Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

California Turkey Ciabatta Caribbean Chicken Wrap

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Double Chocolate Chip Cookies

5 THURSDAY

S O U P S I D E Lentil Soup

Noodle Bowl Day!

C L A S S I C K I T C H E N

LS, MS, US

Saigon Chicken Noodle
Bowl
Citrus Ginger and
Vegetable Noodle Bowl
Crispy Nori Cauliflower with
Kimchi Dip

Lemon Pepper Baked Chicken

GREENS

Buffalo Chicken Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Panini Turkey Melt Club Sandwich

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Melon Cup

6 FRIDAY

SOUPSIDE

Italian Wedding Soup

DOHLIO PIZZA POP IN!

CLASSIC KITCHEN LS,MS,US

Cheese Pizza
Pepperoni Pizza
Spinach and Artichoke Pizza
Hot Honey Jalapeno Pizza
Gluten Free Cheese Pizza
Garlic Knots with Marinara
Tossed Green Salad

Lemon Pepper Baked Chicken

GREENS

Quinoa And Roasted Corn Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Turkey Bacon Melt
Tuna Salad Croissant

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Chocolate Ice Cream cup or Bomb Pop Jr.

10 TUESDAY

11WEDNESDAY

12 THURSDAY

13 FRIDAY

SOUPSIDE

Vegetarian Chili

Seoul Day and Brownie Day!

CLASSIC KITCHEN LS, MS, US

Grilled Chicken Rice Bowl Braised Gochujang Tofu Gochujang Stir Fried Edamame Broccoli and Cauliflower

Baked Montreal Seasoned Chicken Breast

GREENS

Chef Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Roast Beef Croissant Turkey Wrap with Roasted Red pepper Mayo

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Chocolate Brownie

SOUPSIDE

Chicken Noodle Soup

CLASSIC KITCHEN LS, MS, US

Chicken Parmesan
Lentil Bolognese Sauce with Penne
Penne with Butter and Parmesan
Roasted Green Beans
Garlic Bread

Baked Montreal Seasoned Chicken Breast

GREENS

Greek Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Turkey Bacon & Swiss Curry Chicken Salad Wrap

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Green Grapes

SOUPSIDE

Stuffed Pepper Soup

Hot Cocoa Bar Today!

CLASSIC KITCHEN LS, MS, US

Beef Nachos
Plant Based Beef Nachos
Fajita Vegetables
Spanish Rice
Guacamole
Sour Cream
Cheddar Cheese,
Salsa

Baked Montreal Seasoned Chicken Breast

GREENS

Asian Chicken Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Crispy Chicken Ranch Wrap Ham & Cheese on Hawaiian

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Hot Chocolate Whipped Cream SOUPSIDE

NO SOUP DUE TO PHO

> CLASSIC KITCHEN

LS, MS, US

Chicken Pho
Beef Pho
Vegetable Pho
Rice Noodles
Add ins: Tofu, Mushrooms,
Carrots, Cilantro, Bean
Sprouts, Edamame

Baked Montreal Seasoned Chicken Breast

GREENS

Antipasto Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Turkey Reuben Ham Salad on White

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Pineapple

SOUPSIDE

Potato Leek Soup

DOHLIO PIZZA POP IN!

> CLASSIC KITCHEN LS, MS, US

Cheese Pizza
Pepperoni Pizza
Meatball and Pepper Pizza
Bianca Pizza
Gluten Free Cheese Pizza
Garlic Knots with Marinara
Caesar Side Salad

Baked Montreal Seasoned Chicken Breast

GREENS

Crispy Chicken Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Veggies Lovers Wrap Turkey Bacon Ranch Wrap

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Icee Blue Raspberry or Cherry Cup



17 TUESDAY

SOUPSIDE

Barley & Roasted Vegetable

Mezze Pop In!

18 WEDNESDAY

Breakfast for Lunch!

19 THURSDAY

20 FRIDAY

SOUPSIDE

Chicken Tortilla Soup

SOUPSIDE

Egg Drop Soup

S O U P S I D E

Cream of Tomato Soup

SOUPSIDE

Beef Chili

CLASSIC

KIT CHEN LS.MS.US

Fettuccine Alfredo Zucchini Noodles with Alfredo Sauce Garlic Green Beans Dinner Roll

Baked Jamaican Jerk Chicken CLASSIC KITCHEN

LS, MS, US

Greek Turkey Sliders Falafel Sandwich Mediterranean Rice Pilaf Honey Roasted Root Vegetables

Baked Jamaican Jerk Chicken

KITCHEN LS,MS,US

CLASSIC

Cheeseburger Bar Beyond Burger French Fries Roasted Broccoli

Baked Jamaican Jerk Chicken Beer Chill

DOHLIO PIZZA POP IN!

EN CLASSIC KITCHEN LS,MS,US

Buttermilk Pancakes Scrambled Eggs Pork Sausage Patties Turkey Sausage Patties Beyond Sausage Patties

Baked Jamaican Jerk Chicken

CLASSIC KITCHEN LS,MS,US

Cheese Pizza

Pepperoni Pizza BBQ Chicken and Bacon Pizza

Truffle Mushroom Pizza Gluten Free Cheese Pizza Garlic Knots with Marinara

Tossed Salad

Baked Jamaican Jerk Chicken

GREENS

Arugula and Beet Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

GREENS

Spinach Blueberry Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

GREENS

Spicy Cobb Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Bacon Avocado Grilled Chicken

Caprese Sandwich

Made To order Sandwiches, Italian

Sub, Bagel and cream cheese and

Sun Butter and Jelly Always

Available

GREENS

Chicken Caesar Salad

Always available: diced chicken, Crispy Tofu & Tuna Salad

GREENS

Pasta Salad with Sesame Ginger Noodles

Always available: diced chicken, Crispy Tofu & Tuna Salad

THE LOCAL DELI

Turkey Club Chicken Bacon Ranch Wrap

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Hot Cinnamon Apples

THE LOCAL DELI

Roast Beef on White Cape Cod Turkey Wrap

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Sugar Cookie

SWEET SHOP

Red Grapes

THE LOCAL DELI

Ham & Cheese Croissant Turkey Club

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Chocolate Brownie

THE LOCAL DELI

Classic BLT Sub Turkey & Cheddar on Wheat

Made To order Sandwiches, Italian Sub, Bagel and cream cheese and Sun Butter and Jelly Always Available

SWEET SHOP

Vanilla Ice Cream Sandwich or Lemon Italian Ice Cup